Join Fernbrook Farm CSA!

What You Get For Your BOX Share:

First and Foremost — FOOD! We are very excited to partner with the greater Toms River community to bring you food for the 2019 season! Each week for 23 weeks, we will deliver directly fresh, seasonal, chemical-free produce grown right here on our farm in Chesterfield, NJ. We offer a great variety of produce that changes slightly each week.

Information - You'll receive regular newsletters, weekly emails, recipes, crop updates and invitations to Fernbrook events so you'll have all the "dirt" on the farm.

Value and Convenience! We strive to give you great food at very competitive prices because chemical-free food should be affordable! And we think a box of Fernbrook veggies is a lot more exciting and convenient than a trip to the supermarket!

What You Give:

A Box Share costs **$670** for the 2019 season

Your faith and trust in local farming. The CSA is a partnership between the farmers and members of the local community. Trust us to grow food for you and your family and we will work exceedingly hard to provide you with an abundance while protecting the health of our soils, waters and ecosystems.

THE FOOD

The amount of food you get varies with the seasons. In general, a box share provides enough produce for a family of 4 although it really depends on your eating , cooking and "stocking-up" habits. Your share each week will include a wholesome variety of the seasonal produce from our fields.

We grow a great diversity of produce that changes slightly each week. We'll give you updates on which vegetables and fruits you receive in your box share, as well as tips, suggestions, and recipes to help you get the most out of your bounty! Below is a list of ***some*** of our many crops which we grow throughout the season.

Late Spring

Lettuce, Spinach, Kale, Arugula, Zucchini, Fennel, Carrots, Cabbage, Scallions, Cucumbers, Mixed Greens, Beets, Herbs

Mid-Summer

Tomatoes, Melons, Okra, Summer Squash, Peppers, Eggplant, Blackberries, Cherry Tomatoes, Onions, Mixed Greens, Tomatillos, Herbs, FLOWERS!

Autumn

Broccoli, Potatoes, Collards, Sweet Potatoes, Winter Squash, Garlic, Kale, Leeks, Carrots, Parsnips, Rutabaga, Cauliflower, Herbs

It's a great variety that changes slightly every week. Stay tuned to email updates for tips, suggestions and recipes to help you get the most out of your box share!

Why a CSA?

Community Supported Agriculture (CSA) has been taking root across the country. The first CSA was founded in the U.S. nearly 40 years ago. Today there are more than 3,000 and growing! People are discovering the personal satisfaction of being involved with a local farm. Family farms are finding renewal and stability by having devoted and satisfied customers.

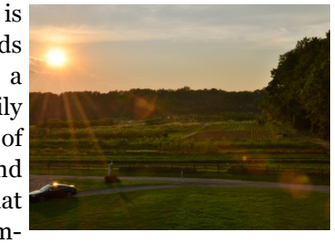
Today, fruits and vegetables travel an average of 1,300 miles from where they are grown to the supermarket. And produce can spend 1 to 2 WEEKS in transit before reaching the supermarket shelves. With a CSA, the food is grown in your community greatly reducing energy costs. Food is grown with an emphasis on taste, vibrancy, freshness and diversity. Together, the farmer and the consumer share the risk and the bounty. In a given season, we might have poor crops of peas and cauliflower but bumper crops of beans, broccoli and squash. Because we plant so many different crops and varieties, we aren't "putting all our eggs in one basket." Diversity is our strength and our insurance policy!

How We Farm

We grow our food using best practices to protect people and the environment. We will NEVER use chemical / synthetic fertilizers, pesticides or herbicides. We eat this food too! Although we are not USDA certified, we grow using organic seeds, materials and practices. We farm using rich, homemade composts, soil building cover crops, multi-year crop rotations and fallowing or resting fields—practices which often go beyond what the USDA organic label calls for. We believe that you grow healthy food by growing healthy, biologically active soil. We take seriously our role as stewards of the soil, water, biodiversity of life, and the quality and safety of the food we grow for you.

FERNBROOK FARM:

A Busy Place!



Fernbrook Farm CSA is located on the grounds of Fernbrook Farms, a third generation family farm on 250 acres of preserved fields and woods. It's a farm that offers a lot to the community! Larry and Susie Kuser own and operate Fernbrook and would like to welcome you to their beautiful and unique family farm! Besides the CSA, you'll also find:

Fernbrook Nursery Inc. - A wholesale tree nursery growing shade and flowering trees, conifers, native deciduous azaleas and general nursery stock. Contact at www.fernbrookfarms.com

The Inn At Fernbrook - An historic inn dating back to 1750. It is a premier destination for weddings, parties and special celebrations. Contact at www.innatferbrookfarms.com

Fernbrook Farms Education Center - Offering summer farm camp, year-round homeschool programs and year-round educational opportunities, classes and seasonal events. Contact at www.fernbrookeducation.org

JOIN FERNBROOK FARM CSA!

Thank you for joining Fernbrook Farm CSA! We are excited to be growing food for you and your family for the coming season.

NAME(s):
_____
_____
_____

ADDRESS:_____
_____
_____

PHONE:_____

EMAIL:_____
_____

____ I want to buy one Box Share for $670!

A $100 nonrefundable deposit is required to join the CSA. You can pay the entire share now or make a $285 payment by Feb. 15th and another $285 payment by May 10h. If you need to arrange a payment plan contact the farm.

Please make checks payable to "Fernbrook Farm CSA" and mail with this form to:

Fernbrook Farm CSA
PO Box 228
Bordentown, NJ 08505
609-298-0029
info@fernbrookfarmcsa.com
Www.fernbrookfarmcsa.com
- OR -
You can register on-line! Visit
www.fernbrookfarms.com

FREQUENTLY ASKED QUESTIONS

When and Where do I pick up my share?
Thursdays Noon - 7pm at:
Center For Health And Healing
111 W. Water Street # 1
Toms River, NJ 08753
732-505-8282

Your box share will be delivered directly to the address listed above where it will be available for pick up. Some weeks there may be an item(s) outside of your pre-packed box as well!

When is the first pick-up?
Your first box will be delivered in early to mid June. As we get closer we'll let you know for sure. We will distribute box shares until the middle of November.

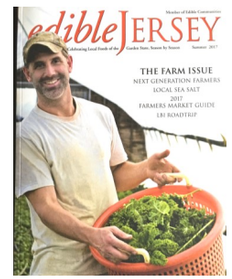
What if we are away?
Make arrangements to have a friend or neighbor pick up your box that week!

How much food will I get?
It varies from week to week and year to year. Based on the last 4 years of distribution, your box share will include about 12-15 lbs of fresh produce from our fields. In the spring and early summer, the share is lighter and gets heavier in the late summer and fall. Most families find it to be a healthy amount of food! (pun intended)

Can we visit Fernbrook Farm?
Yes!! We will send you email updates whenever the farm is open to visit for specific events to its Box Shareholders.

WHO WILL BE GROWING YOUR FOOD?

Jeff Tober is the Farm Manager. Jeff spent four years at Brookfield Farm CSA in Amherst, Massachusetts where he was an Apprentice then Assistant Farm Manager. He and his wife Becky moved to New Jersey to start the CSA with the Kuser family in 2007 and 2019 will mark their 13th season at Fernbrook. They and their 2 sons are very happy to be farming the rich soils of the Garden State! Jess Brandeisky is the Farm's Assistant Manager. Jess grew up in Howell, NJ and has been at Fernbrook since 2014



Each year Fernbrook employs a crew of Farm Apprentices who are involved in an intensive farmer training program. Since 2007 Fernbrook Apprentices have been growing food and learning the ins and outs of farm management. Over 30 farmers have graduated from the program and many are actively farming in NJ and throughout the country!

Community Supported Agriculture

Fernbrook FARM

Chesterfield, New Jersey

Proudly Growing Fresh, Healthy, Chemical-Free Food

From Our Farm Direct to You and Your Family

Vegetables * Herbs * Meats * and more!

Now Offering Boxed Shares To Toms River, New Jersey!